

# Your Safety. Your Comfort. Your Choice.



Your well-being is our top priority. Every patient — and every health care professional — has the right to request a chaperone during a medical examination.

## What Are Chaperones?

Chaperones are staff available to support you during any physical exam, medical visit, or dental visit. They ensure a safe, respectful, and professional environment for patients and providers.

## You're Empowered to Ask

Your safety and comfort come first. If you would like a chaperone at any time, please inform a member of the medical team. Health care staff **must** offer you a chaperone before performing a sensitive exam.

## What Does a Chaperone Provide?

Throughout your visit, chaperones help ensure your:

- **Privacy** during exams and procedures
- **Safety** by serving as an added layer of support
- **Respect** throughout the experience

Their role is to help you feel informed, safe, and supported from start to finish.

## Need Help or Have Questions?

Your facility's **Patient Advocate Office** is here to support you. Whether you need clarification, assistance, or reassurance, we're committed to protecting your safety, comfort, and dignity at every visit.

To learn more,  
scan the QR code or visit:

[www.dha.mil/chaperone](http://www.dha.mil/chaperone)

