

The COVID-19 Vaccine and Pregnancy/Lactating Patients

Several questions/public inquiries have focused on the vaccine and its relationship to pregnancy/lactating patients.

The [Center for Disease Control & Prevention \(CDC\)](#) says, “People who are pregnant and part of a group recommended to receive the COVID-19 vaccine may choose to be vaccinated. If they have questions about getting vaccinated, a discussion with a healthcare provider might help them make an informed decision.”

Even though there are no data on the safety of COVID-19 vaccines in lactating women or on the effects of mRNA vaccines on the breastfed infant or on milk production/excretion, medical experts believe mRNA vaccines are not thought to be a risk to the breastfeeding infant.

More information from the CDC can be found at <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/recommendations/pregnancy.html>.

The [Society for Maternal-Fetal Medicine \(SMFM\)](#) strongly recommends that pregnant and lactating people have access to COVID-19 vaccines and that they engage in a discussion about potential benefits and unknown risks together with healthcare providers regarding receipt of the vaccine.

More information on the SMFM decision can be found at https://s3.amazonaws.com/cdn.smfm.org/media/2632/FDA_final.pdf.

The [American College of Obstetricians and Gynecologists](#) provides more information on this subject at <https://www.acog.org/clinical/clinical-guidance/practice-advisory/articles/2020/12/vaccinating-pregnant-and-lactating-patients-against-covid-19>.