Several questions/public inquiries have focused on the vaccine and its relationship to pregnancy/lactating patients.

The Center for Disease Control & Prevention (CDC) says, “People who are pregnant and part of a group recommended to receive the COVID-19 vaccine may choose to be vaccinated. If they have questions about getting vaccinated, a discussion with a healthcare provider might help them make an informed decision.”

Even though there are no data on the safety of COVID-19 vaccines in lactating women or on the effects of mRNA vaccines on the breastfed infant or on milk production/excretion, medical experts believe mRNA vaccines are not thought to be a risk to the breastfeeding infant.

More information from the CDC can be found at https://www.cdc.gov/coronavirus/2019-ncov/vaccines/recommendations/pregnancy.html.

The Society for Maternal-Fetal Medicine (SMFM) strongly recommends that pregnant and lactating people have access to COVID-19 vaccines and that they engage in a discussion about potential benefits and unknown risks together with healthcare providers regarding receipt of the vaccine.

More information on the SMFM decision can be found at https://s3.amazonaws.com/cdn.smfm.org/media/2632/FDA_final.pdf.