



Keller Army Community Hospital recommends our beneficiaries talk with their healthcare provider to determine if they require the Respiratory Syncytial Virus (RSV) vaccine.

Respiratory Syncytial Virus (RSV) is a common respiratory virus that usually causes mild, cold-like symptoms. Most people recover in a week or two, but RSV can be serious, especially for infants and older adults. RSV is the most common cause of bronchitis and pneumonia in children younger than 1 year of age in the U.S.

RESPIRATORY SYNCYTIAL VIRUS

SYMPTOMS

- MUCUS
- LUNG SOUNDS
- DIFFICULTY BREATHING
- COUGH
- DYSPNEA

PROTECTION

- AVOID CLOSE CONTACT WITH SICK PEOPLE
- CLEAN & DISINFECT SURFACES
- WASH YOUR HANDS

RISK FACTORS

- CONTACT WITH SICK PEOPLE
- CONTACT WITH SICK PEOPLE
- RAINY SEASON

HOW TO WASH YOUR HANDS

- PALM TO PALM
- BACK TO HANDS
- BETWEEN FINGERS
- BACK OF FINGERS
- BASE OF THUMBS
- FINGERNAILS
- WRISTS

Memorial Healthcare logo is present in the top right corner of the infographic.

More information on RSV can be found at <https://www.cdc.gov/rsv/about/index.html>.

PREGNANT / INFANTS



The Center for Disease Control and Prevention (CDC) recommends all babies be protected from severe RSV by one of two immunization options:

- a maternal RSV vaccine given to the mother during pregnancy or,
- an RSV antibody given to your baby. Most babies do not need both.

The maternal RSV vaccine is given during weeks 32 through 36 of pregnancy. Maternal antibodies protect the baby against RSV for approximately six months after birth.

An RSV antibody can be given to babies and some young children. This antibody provides immediate protection against RSV and lasts at least five months.

For more information on protecting infants from RSV and RSV vaccines for infants, go to <https://www.cdc.gov/rsv/vaccines/protect-infants.html>.

OLDER ADULTS



Immune systems weaken with age putting older adults at greater risk for serious complications from RSV. The CDC recommends everyone ages 75 and older get an RSV vaccine, and adults ages 60–74 who are at increased risk of severe RSV disease get an RSV vaccine.

For more information on ‘RSV vaccines for older adults’, go to <https://www.cdc.gov/rsv/vaccines/older-adults.html>.

TRICARE beneficiaries can call Keller’s Appointment Line at 845-938-7992 or 800-552-2907, or schedule an appointment via MHS GENESIS Patient Portal at <https://my.mhsgenesis.health.mil/>, to schedule an appointment with their medical provider to discuss the RSV vaccine or to schedule an RSV vaccine at Keller’s Immunization clinic.